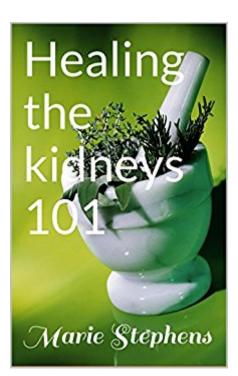
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# **Healing The Kidneys 101**





## Synopsis

One of the most frightening issues is to be confronted with a diagnoses of chronic kidney disease. Healing the the kidneys 101 is a simple, easy to understand natural guide for patients diagnosed with kidney problems and trying to avoid dialysis. Improving kidney function does not have to be hard or complicated. It has been well known through the ages that certain foods and hebs offer nutritional and healing qualities to assist your kidneys in their day-to-day functions. Come explore alternative options for healing the kidneys and nurturing them back to health. The alternative therapies described within this book can be used alone or in conjunction with conventional medical treatment.

### **Book Information**

File Size: 618 KB Print Length: 66 pages Simultaneous Device Usage: Unlimited Publisher: Marie V Stephens (June 28, 2014) Publication Date: June 28, 2014 Sold by: Â Digital Services LLC Language: English **ASIN: B00LDGNUIY** Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #341,279 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #113 in Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic > Naturopathy #115 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Naturopathy #387 in Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy

#### **Customer Reviews**

This book has numerous diet ideas, and herbal remedies that will put you on the right tracks to healing your kidneys! It will also bring to your attention some of the early symptoms of kidney disease. My only qualm with it is that it only scratched the surface and did not dig deeper, leaving with some unanswered question, however, it is a step forward in the right direction and the rest is up Awesome advise. I have stage 4 renal failure and was told that kidneys could not be healed.this has given me hope and have ordered some tinctures from the advice il got from her book.Would suggest everyone reads before you have kidney disease.

I've been following Marie on FB and YouTube and she's just an amazing teacher and healer. I read this easily understood book in less than an hour. None of my drs ever told me my HBP could be related to kidney disease. Thx to Marie I now know how to take care of kidneys from here on. I cannot wait to start the tonics and other protocols she's recommended as well as share them with my family. Thank you Marie!

Imagine - if you will - that the garbage collector does not take your rubbish away for months. People would complain bitterly, YET these same people do not cleanse and heal their own liver and kidneys which MUST have the toxins removed from the daily chemical cocktail we now call food.

This short book was extremely helpful. Worded carefully and with precision. It is always a wonderful thing when others share the experiences and research they have come across on their journey back to health. If you suffer from chronic kidney disease or are looking to maintain healthy kidney function this small book is definitely beneficial.

I read this book in one sitting. Easy read and easy to understand. It gives great suggestions to improve your kidney health and to keep them healthy in the future. It is exactly what I was looking for. It is also in line with what I have been learning over the past four years about eating properly. I have changed my eating habits over the past two weeks and my kidney health has already improved. I have found by reading this book that other health issues are all connected such as adrenal, thyroid, anxiety, water retention, and kidney problems. Thank you Marie for writing this book. It's very insightful.

Well written, I like the natural cures and treatments. A very good book for anyone with kidney problems as well as people who consider themselves otherwise healthy . I learned later in life that we take our kidneys for granted since problems can start early in life due to many factors as life style, what we eat as well as genetic risks also.

Love this book and love this author. I found her by watching her video on youtube. I had been searching everywhere trying to find out what was wrong with me and couldn't find anything to help me understand what was wrong. Even the doctors were no help. In her video she clearly described my symptoms and helped me to understand that my kidneys were sick. Not only did she spell out the problem but she is teaching me through her videos and her book how to heal myself. I can't thank you enough Marie. Keep up the good work.

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